

**FORM FOR INFORMATION AND CONSENT
IN THE CONTEXT OF PHOTO-EPILATION
TREATMENT FOR WHITE AND BLONDE HAIR
PERFORMED BY EFB BEAUTE®
PULSED LIGHT TECHNOLOGY**

Patient/client Details

Surname: DANG First name: THI HOA MAI
Gender: Male Female Date of Birth: 30/05/1998
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INFORMATION

Purpose and realization of the treatment:

The elimination of white and blonde hair is impossible using traditional flash lamp technology because white and blonde hair contains less of the melanin essential in IPL technology for photo-epilation enabling the conversion of light into heat and causing hair to fall.

The patented process developed by EFB beauté® includes a vascular treatment on a zone where the hair has already been removed using a mechanical process. Effectively, after a mechanical hair removal session, the follicular sheath becomes receptive to "yellow" vascular-type light. This light is transformed into heat which, during each photo-epilation session, causes the destruction of approximately 20% of the papilla and hair matrix producing cells to feed the hair.

Several sessions are necessary to reduce the density of white and blonde hair. Experience developed through the application of this technique demonstrates that a positive result is achieved in 60% of cases. Very thin blond hair and downs can't be eliminated by this technique. We advise you to test the performance on a small representative zone before launching into long and expensive treatments. Generally 6 to 10 sessions are necessary depending on the part of the body and they may be followed by "maintenance" treatment.

The sessions must be carried out at intervals of 8 to 10 weeks depending on the hair regrowth on the treated areas. It is essential to wait at least 2 weeks after hair regrowth of the zone concerned before carrying out a new session.

This technique is appropriate for the treatment of healthy skin of phototypes 1 to 4 (fair to dark skins).

Contra-indications:

- In the case of any medication other than paracetamol, aspirin or contraception it is necessary to obtain a medical certificate from the attending Doctor prior to treatment indicating that there is no related contra-indication to pulsed light.
- Certain forms of epilepsy associated with flash lamps.
- Pacemakers and internal defibrillator
- Use of photosensitising products for less than 7 days before treatment (self-tanning lotions, activators, self-tanning shower gel, etc.)
- Exposure to the sun or UV rays at least 4 weeks before the treatment and 4 weeks afterwards.
- Zones with tattoos, suspect spots or skin diseases (including spots, inflammation, beauty spots, tumors or melanomas, psoriasis, herpes...)

Principle of precaution:

- Pregnant women will not be treated.
- A pregnant operator will not carry out any IPL treatment.

Pre-session instructions:

- Avoid direct exposure to sun and UV rays for a period of 4 weeks before the session.
- The hair in the zone to be treated is removed, ideally using hot/warm wax (or tweezers).
- 5 minutes after removal of the hair, a small zone (maximum 10cm by 5cm) to be treated is cooled using an ice cube for approximately 3 to 5.
- Using an optical thermometer, check that the temperature of the skin is in the range of 3 to 8°C.
- Cover any beauty spots and tattoos using a white crayon (do not flash them)
- Around 2 mm of transparent contact gel, at a temperature of about 5°C, is applied to the cooled zone to optimize the transmission of pulsed light.
- It is essential for adequate protective eyeglasses to be worn by patient/client and operator throughout the session (or protective UV goggles without windows for facial treatment).
- A flash test is carried out to assess any skin reactions related to the selected parameters of the IPL platform.

Sensations:

- The impact of the flash light may cause some momentary discomfort depending on the person and the part of the body treated.
- The sensation is similar to a tingling feeling caused by elastic hitting the skin.

After-care treatment:

- Additional cooling of the skin is necessary using an ice cube for 3 to 5 minutes after the session.
- Treated areas may be slightly red during 15 minutes to 2 hours after the session with a feeling of warmth.
- Regular local application of sprayed thermal spring water and calming skin cream (for example Biafine or equivalent) is advised during a period of 24 to 48 hours following each session of treatment.
- Avoid direct exposure to sun and UV rays for a period of 4 weeks after the session.
- Should indirect exposure occur it is essential to protect the skin using a sunblock.

Risks:

- Risks such as small superficial burns exist but occurrence is rare, scarring arises only in exceptional cases.
- Pigmentation may be temporarily disturbed; hyper-pigmentation (skin darker than usual) or hypo-pigmentation (skin paler than usual) may occur in the weeks following the session and depending on treatments however any such occurrence is almost always reversible.

Skin Phototype

- Type 1: very fair skin – blue eyes, blond and auburn hair
never tans, always suffers sunburn if exposed
- Type 2: fair skin – blue eyes, fair and chestnut hair
tans with difficulty, always suffers sunburn if exposed
- Type 3: beige – brown or blue eyes, brown hair (including asiatic skin types)
tans gradually, sometimes suffers sunburn if exposed
- Type 4: dark skin – brown eyes, dark brown and black hair
tans easily, rarely suffers sunburn

Medical History

Do you have a pacemaker or internal defibrillator?

- yes no - If "yes", we advise you not to undergo sessions of flash lamp treatment.

Are you epileptic?

- yes no - If "yes", are the epileptic fits you suffer associated with flash lamps?
 yes no
- If "yes", we advise you not to undergo sessions of flash lamp treatment.

Are you under medication, other than contraceptive, aspirin or paracetamol?

- yes no - If "yes", you will need to obtain a medical certificate from your attending Doctor prior to flash lamp treatment.

Do you have any antecedents of Herpes?

- yes no - If "yes", we advise you to obtain a preventive treatment from your attending Doctor prior to commencing flash lamp treatment.

Are you pregnant?

- yes no - If "yes", we advise you not to undergo sessions of flash lamp treatment.

UV Exposure and photosensitivity

- | | | |
|--|------------------------------|--|
| Do you regularly apply self-tanning lotions? | <input type="checkbox"/> yes | <input checked="" type="checkbox"/> no |
| Do you take tan activators? | <input type="checkbox"/> yes | <input checked="" type="checkbox"/> no |
| Do you ever use sunbeds? | <input type="checkbox"/> yes | <input checked="" type="checkbox"/> no |

It is essential not to expose skin to sun or UV radiation during the 4 weeks prior to treatment and 4 weeks following the session, in addition no photosensitivity product may be used during the 7 days prior to treatment.

CONSENT

IPL Expert:

I the undersigned certify having informed my patient/client of all the aspects concerning photo-epilation treatment for white or blonde hair using EFB Beauté® pulsed light equipment. At the start of each session I commit to carry out a "flash test" on a cooled area, representative of the zone to be treated, as discreetly as possible, in order to control the appropriate adjustment of the equipment. I commit to respect the treatment protocol and to set the equipment parameters securely to a skin phototype higher than that of the patient/client for the first session. The "flash test" will demonstrate that the treatment is satisfactorily tolerated by the skin after a period of minimum 10 minutes and 24 hours maximum for skin phototype I and between 3 hours and 24 hours for skin phototypes II to IV. Should any skin reaction arise, the contra-indications will be checked and a higher, darker, skin phototype will be selected if possible for a further "flash test". If this is not possible the session will be postponed.

Date:

Signature & Company stamp:

Patient/client:

I the undersigned declare that I have been informed of the photo-epilation treatment technique for white or blonde hair using EFB Beauté® pulsed light technology, the performance, contra-indications and risks associated with this technique. I confirm my desire to undergo treatment of my fair hairs using this technique and I commit to respect the instructions provided. I understand that it is my responsibility to inform the operator, prior to each session, of any change concerning me in association with the contra-indications relating to photo-epilation treatment.

Date: 19/9 /2023

Signature:
(Initial each page of the document)



